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Catholic Church - Diocese of Wollongong

St. THOMAS MORE PARISH, RUSE

welcomes you

Parish Priest: Fr Michael Healy

THE MOST HOLY BODY AND BLOOD OF CHRIST - YEAR A

14th JUNE 2020



FIRST READING - Deuteronomy 8:2-3, 14-16.

A reading from the book of Deuteronomy.

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart - whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

The Word of the Lord.

(R.) Thanks be to God

RESPONSORIAL PSALM

(R.) Praise the Lord, Jerusalem.

- O praise the Lord, Jerusalem! Zion, praise your God! He has strengthened the bars of your gates, he has blessed the children within you. (R.)
- He has established peace on your borders, he feeds you with finest wheat. He sends out his word to the earth and swiftly runs his command. (R.)
- He makes his word known to Jacob, to Israel his laws and decrees. He has not dealt thus with other nations; he has not taught them his decrees. (R.)

SECOND READING - 1 Corinthians 10:16-17.

A reading from first letter of St Paul to the Corinthians

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

The Word of the Lord.

(R.) Thanks be to God

GOSPEL ACCLAMATION

Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

GOSPEL READING - John 6:51-58.

A reading from the holy Gospel according to John.

Jesus said to the Jews, 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day.

For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven: not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

The Gospel of the Lord.

(R.) Praise to you Lord Jesus Christ

COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

PRAYER AFTER COMMUNION

Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever.



THE MOST HOLY BODY AND BLOOD OF CHRIST

PRAYERING FOR OUR WORLD, AMIDST COVID-19

Gracious God, We give thanks anew for your providence and presence. We prayerfully seek your grace, amidst COVID-19 here and overseas. We pray for those in need of healing. We pray for your peace with those who are anxious or grieving. We pray you will continue to strengthen and sustain all those who are serving in response. We pray for your Holy spirit's discernment amidst the many choices and decisions facing our national, community and medical leaders. We each might see quickly what more we can do to help those who are vulnerable. This prayer for our nation in the family of nations, with all that is on our hearts, we gather now and pray through Jesus Christ our Lord. Amen.

REFLECTION - by Fr Michael Tate.

I once saw a young mother discreetly breastfeeding her baby during Mass, and thought ... 'What a wonderful thing!' There could not be a better illustration, a better acting out of what Jesus says in today's Gospel: 'The one who eats me will live.'

Of course, even mothers who find they cannot breastfeed offer the same gift for nine months as the baby draws its life from the mother's body in the womb.

This is a good analogy for what Our Lord was teaching in today's Gospel.

'Those who eat my flesh and drink my blood abide in me and I in them.' Notice the very maternal language. The risen Lord truly abides in us, we truly abide in the risen Lord. This is as

intimate as the baby dwelling in the womb of its mother.

Moreover, it is a Holy communion which is both a present reality and a foretaste and promise about our place in God's future: 'The one who eats this bread will live forever.'

We could pause for a moment to pray with St Thomas Aquinas: 'Oh Sacred Banquet in which Christ is received and a pledge of future glory is given to us.' give thanks for the revelation of the nature of God, and consequently of the true nature of human beings.

mtate@bigpond.com



MASS TIMES

TUESDAY 16th JUNE

9.30am. - Mass.

WEDNESDAY 17th JUNE

----- NO MASS -----

THURSDAY 18th JUNE

----- NO MASS -----

FRIDAY 19th JUNE

The Most SACRED HEART of Jesus

9.30am. - Mass.

SATURDAY 20th JUNE

Saturday Vigil for 12th Sunday in Ordinary Time Year A

6.00pm. - Mass.

SUNDAY 21st JUNE

12th Sunday in Ordinary Time

- Year A

9.00am. - Mass.

ST. THOMAS MORE PARISH DIRECTORY



43 Acacia Avenue, Ruse NSW 2560

P.O. Box 200N Campbelltown North 2560

PARISH PRIEST

Fr Michael Healy

PARISH OFFICE

Secretary: Mrs Carmel Munro

(TUES-FRI) 9.00am - 3.30pm

Telephone: 46 282967

Email: ruse@dow.org.au

Website: www.stmruse.org.au

Facebook: St Thomas More Catholic Parish Church, Ruse.



CHURCH OFFICE HOURS

Secretary: Mrs Carmel Munro

TUESDAY - FRIDAY

9.00am - 3.30pm

Parish ☎: 4628 2967

Email: ruse@dow.org.au

School ☎: 4625 6561

STEWARDSHIP

THE MOST HOLY BODY AND BLOOD OF CHRIST - YEAR A

The Scriptures today remind us that "we, many though we are, are one body for we all partake of the one loaf."

How are we using our gifts of time and talent to build up the Body of Christ?

NEXT WEEK'S READINGS

21st JUNE 2020

TWELFTH SUNDAY IN ORDINARY TIME - YEAR A

1st Reading:

Jeremiah 20:10-13.

He has delivered the soul of the needy from the hands of those who are evil.

2nd Reading:

Romans 5:12-15.

God's gift to us is nothing like our sin against him.

Gospel Reading:

Matthew 10:26-33.

Do not fear those who can kill the body.

SACRED HEART OF JESUS



Devotion to the Sacred Heart of Jesus is a tradition that has developed over the centuries.

Particular groups such as the Society of Jesus - Jesuits - have made devotion to the Sacred Heart of Jesus an important part of their community life. Devotion to the Sacred Heart of Jesus reminds us of the love Jesus has for all of us.

The love of Jesus is not just an abstract concept but a real love which led to his suffering and death on the cross.

FLYING TO AUSTRALIA

HUMOUR CORNER

An old couple, Abe and Esther are flying to Australia for a two-week vacation to celebrate their 50th anniversary.

Suddenly, over the public address system, the Captain announces, "Ladies and Gentlemen, I am afraid I have some very bad news. Our engines have ceased functioning and we will attempt an emergency landing. Luckily, I see an uncharted island below us and we should be able to land on the beach. However, the odds are that we may never be rescued and will have to live on the island for the rest of our lives!"

Thanks to the skill of the flight crew, the plane lands safely on the island.

An hour later the old man Abe turns to his wife and asks,

"Esther, did we pay our \$1,000 electricity bill yet?"

"No, sweetheart," she responds.

Abe, still shaken from the crash landing, then asks,

"Esther, did we pay our American Express card yet?"

"Oh, no! I'm sorry. I forgot to send the check," she says.

"One last thing, Esther. Did you remember to send a cheque for the Visa and MasterCard this month?" he asks.

"Oh, forgive me, Abie," begged Esther.

"I didn't send that one, either."

Abe grabs her and gives her the biggest kiss in 40 years.

Esther pulls away and asks him,

"So, why did you kiss me?"

Abe answers,

"They'll find us."

**Feast of Corpus Christie
Holy Body and Blood of Christ**



Year A

14th June 2020

PARISH MISSION STATEMENT

“St Thomas More Parish, Ruse, is a Christ-centred Catholic Community that is committed to living Gospel Values, united by faith as we bring God’s Kingdom to life. Our Mission is to welcome all, and respect and support each other in our spiritual journey. We encourage the gifts of people in building our community.

“Anymore who welcomes you, welcomes me and anyone who welcomes me welcomes the one who sent me.”

Matthew 10:40

PARISH MESSAGE FROM FATHER MICHAEL: Feast of Corpus Christie The Body and Blood of Christ



Dear Parishioners,

The Feast of the Body and Blood of Christ – what an appropriate day for some of us to return to Mass and the Eucharist!!

Three months seems such a long time to have been away. We look forward to the time when we can **ALL** be back to-gether without

restrictions.

The present regulation, allowing 50 people at Mass, still applies. So, Saturday Vigil Masses at 6pm and Sunday Mass at 9am will continue within these limitations.

Please register beforehand each week at the Parish Office during office hours (Tuesday to Friday 9am - 3.30pm or telephone 46282967.

Weekday Masses will be held on Tuesday and Friday at 9.30am commencing on 16th June 2020.

Until later, may God bless keep you well and safe,

Fr Michael

Have you “checked in” on another parishioner this week to say “Hi!”?

DO YOU WISH TO ATTEND A WEEKEND MASS

You cannot just turn up for Mass as previously!!

Note: emails and text messages cannot be accepted.

You can state the weekend date and time of the Mass you wish to attend and you must give the name and phone number of each person you wish to register. These details

will be checked and ticked off at the Church door as you enter Mass.

1. If you are elderly (70 years +) or not feeling well, the ruling states that, (for your own safety) **YOU MUST STAY AT HOME.**
2. After entering the Church for Mass, your hands will be sanitized and your temperature taken. (This is obligatory) then an usher will show you to your **RESERVED** seat, where **Social distancing (1.5m)** must be strictly observed, (except for people of the same house-hold) Details of movement during the Mass will be announced.
3. No Holy Water fonts, No Votive Candles, No Offertory Procession, no Sign of Peace. Holy Communion **must** be Received in the hand
4. Please arrive early for Mass (at least 5 minutes beforehand). Church doors **must** be locked as Mass begins
5. No collections can be taken up at Mass. Usual Parish Collection donations can be placed in a box provided at the Church door
6. Your hands will be sanitized again as you leave the Church.
7. **Nobody** will be permitted to socially assemble in the courtyard before, during and after Mass.

**WEEKDAY MASSES AT RUSE CHURCH:
(Week beginning 14th June 2020).**

Masses on: Tuesday and Friday’s at 9.30am

1. Those attending a Weekday Mass will NOT have to Register beforehand, but only the **first 50** Worshippers will be admitted. Your attendance has to be recorded (at the entrance to the Church)
2. When you arrive for Mass, your name and phone No will be recorded and ticked off as you leave
3. The same rules and procedures as at Saturday/Sunday Mass (above) will be observed. **(P.S. won’t it be wonderful when we will be able to just “Go to Mass???)**

UPDATES IN OUR PARISH:

Parish Bulletin: All parishioners who have provided the parish office with an email address have been receiving the Parish weekly Bulletin (that includes my weekly message). If you know of a parishioner who is not receiving these emails please encourage them to contact the parish office. There are hard copies available from the Parish Office (during Office Hours)

Planned Giving Envelopes 2020/21: Are available for collection from the Parish Office during Office Hours.

PLEASE PRAY FOR: All the people who have died in this current pandemic and the recently deceased and whose anniversaries that occur at this time:, Richard Garton (R.D.), Fr Theophane (Theo) Rush ofm (R.D.), Eileen Hughes (R.D.), Elizabeth Sargent Cohan Boyd, Alice Harris Wayne Berthon, Anne Mogensen, Marguerite Green, Mary Writer, Cathy Wiggins, Fr Anthony (Tony) Daly, Ladislav Feher, Beryl Ford, Jim McKenzie, John Read, Bobby Cameron, Marguerite (Marg) Davis, Maree Laming, Jay Jablonskis, Deborah Rix, Bernard

Hoffmann, Maurya Hutton and Maria Cabonara. **May they rest in peace**

PLEASE PRAY FOR: For the **many** sick in our Parish Community including:
Shirley Starr, Kenny Wilson, Antonio David, Hannah Kavanagh, Mary Dolan, Frank Byron, Sean Scanlon, Kellie Brandes, Brian Harris, Francisco Carmona, David Minogue, Daphne and Edmund Pew, Steve Foreman, Luke Van Der Burg, Brieger Glover, Fr John Whitty, Elaine Hoffmann, Patricia McInerney, Betty Berthon, Brenda Baker, Moria Harris, Betty Byrne, Rosa Santos, Aimiti Seufatu, John Hill, Freda and Wilfred Miranda, Beryl Purcell, Jeannie and George Nicholson Mary Frederick and Flynn Griffiths.

WORKING BEE:

Thank you to the small group of Parishioners who have volunteered to assist in making the Parish Grounds and Church clean and tidy for the start of regular Masses this Saturday. Your time and effort is really appreciated.

FOR ANY PARISHIONERS: who would like to have their birthdays and/or wedding anniversaries included in the Parish Bulletin, please contact the Parish Office: 4628 2967 or email: ruse@dow.org.au.
**Parishioner’s Birthdays this coming week:
Isaiah Nakasenh 18th June**

PARISH COLLECTIONS: With the current situation it is imperative that you please keep up your weekly contributions, as the Parish runs on a limited budget and without these regular contributions to both the First and Second Collections, we will be in real financial difficulties. For this reason, I strongly encourage parishioners who currently give by envelope to change to Direct Debit or Credit Card contributions (please read the following notice on how to arrange this or contact the Parish Office) to ensure the regular income of the parish continues. **I Thank you.**

Otherwise, please drop your Planned Giving Envelope Contribution into the secure letter box outside the Church in Acacia Ave, each week. Please don’t forget the first collection for the sustenance of the clergy (as we still have to live too!) For this collection please place your donation in a plain envelope and mark it “FIRST COLLECTION” and drop it in the secure letter box outside the Church in Acacia Ave.

Thank you once again for your continued support of our Parish of St Thomas More, Ruse.

ELECTRONIC PARISH PLANNED GIVING: Parishes are urgently needing the ongoing financial support of parishioners more than ever, as their overhead costs will not change. The majority of parishioners give physically to their parish in the first and second collection baskets during Mass, we are encouraging all parishioners to join the electronic parish planned giving program. The Diocese has created a page with 2 simple options for parishioners to give to their local parish electronically. You can view the page and forms at the following link: www.dow.org.au/plannedgiving. If you have any questions about the form, please contact **the CDF Wollongong:** Trevor Kellam at trevor.kellam@dow.org.au

THE CATHOLIC WEEKLY: Is available online at <https://www.catholicweekly.com.au/catholic-weekly-newspaper-online/>

ST THOMAS MORE CATHOLIC PRIMARY SCHOOL: Please contact the School Office on 4625 6561, for information for School Enrolments for 2021. The link to read our Parish Catholic Primary School newsletter is: <https://stmdow.schoolzineplus.com/schoolnews?nid=50>

INFORMATION FROM THE DIOCESE OF WOLLONGONG:

PLENARY COUNCIL 2020: New dates for plenary council have been announced as well as the Discernment Papers on each Plenary Theme are now available on the Plenary website: <https://plenarycouncil.catholic.org.au/>

THE DIOCESE OF WOLLONGONG WEEKLY PODCAST: “The Journey”: 14 June 2020: Listen in this week as we hear from Fr Mark De Battista. Uploaded every Friday for free go to: <https://www.dow.org.au/media-resources/journey-radi>

DIOCESE OF WOLLONGONG MASS ONLINE:

For all of the online Mass options – please visit the DoW website <https://dow.sh/dailymass>
Members of the faithful are urged to keep holy the Lord’s Day by making an act of Spiritual Communion (**read on front cover**). **Mass for You at Home** is available across the Ten Network on Sundays at 6.00am and any time on Ten Play. **Daily Mass on demand** is available at CathNews YouTube channel

ADORATION LIVESTREAMED WEDNESDAY NIGHTS: The NET Team host Holy Hour every Wednesday at 6.30pm. Facebook: <https://www.facebook.com/cymdow/> and Instagram: <https://www.instagram.com/wollongongnetteam/>

CatholicCare: We’re always here, if you ever need...

These are challenging times for everyone and CatholicCare are here to support you and your family to navigate the uncertainty. We offer confidential online and phone counselling to support you with the frustration of managing family emotions, relationship pressures and employment changes. To find out more about CatholicCare’s counselling service call us on 4254 9395 or email intakeservice@catholiccare.dow.org.au

FAITH CIRCLES: is available free to download at www.faithcircles.dow.org.au or have it sent to you each month via email subscription.

THE EUCHARIST: Exploring our Catholic Faith: Mondays 1st-22nd June or Fridays 5th-26th June all at 4pm via Zoom Video Conferencing. For more information and to register go to <https://www.dow.org.au/news-and-events>. For further information email darren.mcdowell@dow.org.au

Have you “checked in” on another parishioner this week to say “Hi!”?